

CASE SHEETS

Name : Unnikrishnan.
Age : 29 years.
Sex : Male.
Address : Mappatuthodi house,
Iravimangalam,
Perunthalmannu.

Cause of the burn:

- Dry heat.
- Moist heat.
- Chemicals.
- Electric burns.
- Radiation burns.

Degree of the burn:

FIRST DEGREE	SECOND DEGREE	THIRD DEGREE
<input type="checkbox"/> Redness	<input type="checkbox"/> Blister formation	<input type="checkbox"/> Painless
<input type="checkbox"/> Severe pain	<input checked="" type="checkbox"/> Sepsis	<input type="checkbox"/> Destruction of skin
<input type="checkbox"/> Singering of hair	<input type="checkbox"/> Severe pain	<input type="checkbox"/> Disfigurement
<input type="checkbox"/> Burning sensation	<input type="checkbox"/> Raise in temperature	<input type="checkbox"/> Disablement
<input type="checkbox"/> Raise in temperature	<input type="checkbox"/> Discolouration	

Depth of the burn:

- Epidermal burns.
- Dermo epidermal burns.
- Deep burns.

Thickness of the burn:

- Full thickness burns.
- Partial thickness burns.

Surface area of the burn:

<u>Area</u>	<u>Percentage</u>
<input type="checkbox"/> Head and neck	9%
<input checked="" type="checkbox"/> Chest and abdomen	18%
<input type="checkbox"/> Back	18%
<input checked="" type="checkbox"/> Right upper arm	9%
<input checked="" type="checkbox"/> Left upper arm	9%
<input type="checkbox"/> Right lower arm	18%
<input type="checkbox"/> Left lower arm	18%
<input type="checkbox"/> Perineum	1%

Total percentage of burns:

10%

Prognosis:

- First degree-curable.
- ✓ Second degree-curable with disfigurement.
- Third degree-incurable.

Systemic examination:

Central Nervous System	<u>Fear for fire.</u>
Cardio Vascular System	<u>Normal.</u>
Respiratory System	<u>Normal.</u>
Urinary System	<u>Burning micturition.</u>
Reproductive System	<u>Normal.</u>

History of the burn:

The lamp turned and the fire caught in the shirt. In the effort to quench the fire he got injured in the hands and stomach. Was hospitalised for a month. Visited the hospital on alternate days and did dressing. The wound healed after 2 months.

Presenting complaints:

Wound is healed and thick keloid scar tissue formed along with white discolouration in the hands and stomach.

Duration :4 months.

Treatment history:

Was admitted in Thrissur Jubilee Hospital for a month and came to Pathanjali Ayurveda Hospital after 4 months. The medications are as follows.

11-6-99	Manjishtadi ks+guggulu panchaphala [15ml ks+45 ml warm water, 6 am] Chandrapraba pill. [ks+pill,6 pm] Aragwadarishtam+Kumariasavam. [30 ml,3:30/8:30 pm] Agnijith. [External application]
25-6-99	Thickness of the keloid scar tissue reduced.
16-7-99	White discolouration reduced. Skin has become soft.
3-9-99	Very good improvement. Manjishtadi ks+guggulu panchaphala choornam. [15 ml ks+45 ml warm water] Mandoora vadakam pill+buttermilk. [1:30 pm] Aragwadarishtam. [30 ml ks, 8:30 pm]
6-12-99	Normal skin colour and texture attained.

Result of the treatment:

The scarring and discolouration is removed by treatment in a duration of 6 months.

Advice during the course of treatment:

1. The wound should not be exposed to any liquids.
2. Intake of Non-vegetarian foods should be avoided.
3. The wound should not be bandaged.